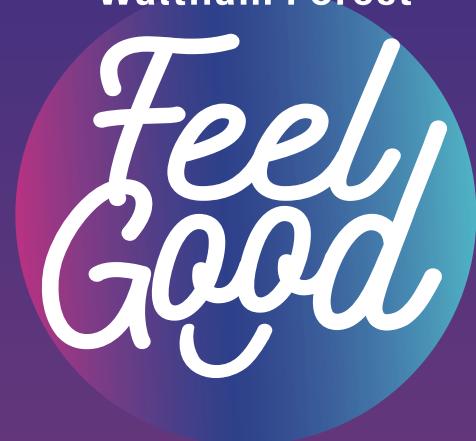


Have a Go: Feel Good Guide



WELCOME TO THIS YEAR'S FEEL GOOD FESTIVAL OF SPORT, HEALTH, LEISURE, LEARNING AND CULTURE.



We are enjoying a fantastic summer of sport and culture in Waltham Forest this year – from Bicycle Ballet at Chingford May Day Fayre as part of London Borough of Culture 2019 and the CEV Beach Volleyball Continental Cup at Feel Good Too Centre in May to the launch of Waltham Forest and England and Wales Cricket Board's first Urban Cricket hub at Leyton Sports Ground later in June.



But rather than watching on the sidelines, it's now time for you to get involved and emulate this summer's sporting and cultural heroes. The Feel Good Festival of Sports, Learning and Culture, which runs throughout June, will shine a spotlight on the different ways you can improve your health and wellbeing by partaking in a variety of different activities.

This year the offer is even bigger and better than ever as we combine the Sports and Leisure offer with our Adult Learning Service offer, and ways you can get involved with London Borough of Culture 2019. Improving the quality of life of our local residents is important to us, and that relies on the availability of different opportunities for people of all ages and abilities to participate in something that makes them feel good.

This could be a sporting activity such as tennis with one of our partners, learning a new skill or hobby at the Adult Learning Service or perhaps volunteering with our Legends of the Forest in our London Borough of Culture programme.

Featuring over 300 events over 30 days, from Tai Chi to trampolining, walking football to fun runs, gardening to computer courses, there will be a huge range of activities on offer including health workshops and family-friendly activity sessions – many of them are free.

We want to build upon the feel-good factor this summer of sport has created in our community by staging a festival that is jam-packed with events and activities to help you look after every aspect of your health and wellbeing, whether that's through sport, learning or cultural activities – everyone is different!

To find out what's going on this month and how you can connect, be active, take notice, learn or give – and help us to make Waltham Forest the Feel Good borough – pick up the Feel Good booklet in your local library, leisure centre, Town Hall reception, the Junction Centre or Queen's Road Learning Centre. You can also visit walthamforest.gov.uk/feelgoodfestival.

Cllr Simon Miller, Lead Member for Economic Growth and High Streets, and Cllr Naheed Asghar, Lead Member for Health and Voluntary Sector Partnerships



Mental wellbeing

ACTIVATE

It's never too late to start

Teresa, 81

Teresa goes to her outdoor gym everyday. It is having a positive effect on her physical health and mental wellbeing.

Makes me fit, makes me healthy, makes me happy!

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ALERT

Scan me

Take part in our Feel Good festival this June to support your wellbeing. There are lots of activities to help you participate in the 5 ways of wellbeing. Evidence suggests that there are small actions everyone can take to improve wellbeing, decrease and prevent mental health problems and also help people to flourish. Some of these actions can be summarised in the 5 ways to wellbeing and are as follows:

Mental wellbeing is about feeling healthy and happy, and able to live a fulfilling, quality life. It allows us to enjoy positive relationships and be able to deal with the day to day challenges that come our way in life. Good mental wellbeing can also help us prevent mental health problems.

- **Connect** - social connections support and develop good mental wellbeing
- **Be active** - physical activity such as walking, exercise and sports is known to be one of the best ways to improve mental wellbeing
- **Take notice** - this relates to mindfulness and appreciation of the surrounding environment
- **Keep learning** - continually mastering new skills, particularly later in life, improves self-esteem and reduces depression and anxiety
- **Give** - feelings of being useful to, and appreciated by, others can improve happiness and mental wellbeing

Feel Good month is a great opportunity for you and your family to take part in some of these activities and boost your mental wellbeing.

Mental health and stigma

One in four people will experience a mental health problem in their lifetime yet many people still feel ashamed to say they are one of them. This can prevent people from seeking help or even talking to friends or family about their problems.

We are supporting the Time to Change campaign to tackle stigma and discrimination around mental health. You can find out more about our campaign and how to become a local Time to Change champion by visiting www.bit.ly/timetochangeWF or email chris.osullivan@crestwf.org.uk

Support for mental health and wellbeing

If you are experiencing low mood, feeling anxious, stressed or having problems sleeping, there is online support available at www.good-thinking.uk Young people aged 11-19 years can visit www.kooth.com for online counselling, help and advice.



Be sugar smart



Too much sugar is bad for our health. Did you know that an average school child in England consumes half their recommended sugar allowance before they even get to school in the morning? Here are simple steps you can take to reduce your family's sugar consumption:

- Why not consider swapping fruit juices, sugary drinks and milkshakes for water or sugar-free varieties.
- Remember most products have traffic light labels, usually on the front of the pack. Try and pick ones that have a green light for sugar.

For more ideas on how to cut back on sugar visit www.nhs.uk/change4life

ALCOHOL

The Chief Medical Officer has published new safe drinking guidelines. Here are some of the key points:

- Both men and women are advised not to regularly drink more than 14 units a week.
- That is equivalent to 6 pints of 4% beer or 6 glasses of 13% wine.
- It is best to spread alcohol consumption evenly across the week.
- If you are pregnant you are recommended not to drink alcohol at all.

Find out more by visiting www.drinkaware.co.uk.

For anyone concerned about their drinking our alcohol services are able to help. Contact CGL Waltham Forest on 0203 826 9600.

SEXUAL HEALTH

Welcome to All East, a sexual health service that's here for you.

All East provides free and confidential sexual health services at centres across East London, providing everything from sexual health screenings (including HIV testing) to contraception services.

Visit alleast.nhs.uk/ to find out about our Waltham Forest services.



02
Smart
recycling



05
E17 Art
Trail



08
New
markets



WALTHAM FOREST
LONDON BOROUGH
OF CULTURE 2019



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Issue 226

20 May 2019

NEWS



The team celebrates an amazing season including, front row left to right: James Brophy, Dale Gorman, chairman Nigel Travis, captain Jobi McAnuff, vice-chairman Kent Teague, manager Justin Edinburgh, Macauley Bonne. Image: Simon O'Connor

Waltham Forest has a Football League team once more as Leyton Orient finished the season as champions of the National League.

Following the club's appearance in Sunday's FA Trophy final against FC Fylde at Wembley, they're looking forward to a bright future that few fans could have dreamt of when they crashed out of League Two at the end of the 2016/17 season.

In 2014, the club was brought by businessman Francesco Becchetti and under his stewardship, faced winding-

up petitions with debts of more than £5.5m.

Salvation came in the form of Woodford-born businessman Nigel Travis, a lifelong O's fan who had become Executive Chairman of Dunkin' Brands, home of Dunkin' Donuts and Baskin-Robbins ice cream. Joined by US investor Kent Teague, the duo led the takeover of the club in 2017. The final piece in the jigsaw saw former Tottenham defender Justin Edinburgh joining as manager in November 2017, successfully leading the Leyton team

back into the Football League at an emotionally-charged match against Braintree on 27 April in front of a crowd of over 8,000.

"This has been my best experience in 55 years of following Leyton Orient"

John Day has been supporting the O's for over half a century. He and his daughter Alicia are season ticket holders and they joined fellow fans to celebrate their return to the Football

League. He told us: "This has been my best experience in 55 years of following Leyton Orient. It just shows what can be achieved with the right owners in charge."

More info
Visit www.leytonorient.com

Hit the beach

International beach volleyball is coming to Waltham Forest.

Read the full story on page 7

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MEDIA GAMING EVENTS
MUSIC DANCE DRAMA FASHION



2 News

Free start-up support



Support for start-ups will be available in Waltham Forest libraries and co-working spaces

Waltham Forest Council has made it a priority to provide ongoing support to residents starting new businesses.

If you're an aspiring entrepreneur (anyone with a good idea for a business to start), or early-stage start-up (small to medium enterprises that have been registered or trading for fewer than 12 months), come along to one of our monthly events. Held in Waltham Forest's libraries and co-working spaces, you

- will have a chance to:
- get support researching and testing your business idea. Is it viable? Competitive?
- learn how to start/improve your own business in an interactive workshop or course
- gain personalised, one-on-one support from local business experts until you're up and running
- become a part of London's thriving entrepreneurial community.

All support provided to entrepreneurs is entirely free-of-charge. Visit www.walthamforest.gov.uk/content/business-advice or check out the council's social media pages

Wrong items in green recycling bins costs council tax payers over £300,000 per year

The council wants to keep it as easy as possible for residents to recycle, and unlike some authorities we don't make you separate your recyclable paper, glass, cans and plastics. Instead, these get sorted mechanically and by hand at a recycling centre after your green bin is emptied.

Top contaminating items

Leave out of your green bin	Why?
Black bin bags	The type of plastic they're made of can't be recycled. Remember, black bin bags are for the black bin.
Food/drink	Even small amounts smear over everything in the collection vehicle, making all the recycling dirty.
Textiles/clothes	These cause jams in the sorting machinery. To reuse or recycle them properly, place them inside a public Salvation Army or Traid clothes bank.
Nappies/sanitary items	These can't be recycled, even if they're labelled 'biodegradable'. Always put in your black bin.
Small electrical items	Small electrical items can only be recycled at grey public recycling banks, or at recycling centres.
Garden waste	These can't be recycled in the green bin. Instead put them in the brown bin to get composted.

More info

For a full list of items that can and can't be recycled, visit www.walthamforest.gov.uk/content/bins-green-brown-black-what-goes-them

From the Leader



Last weekend saw Leyton Orient supporters descending on Wembley to watch the team in

Cllr Clare Coghill

the FA Trophy Final. It was the culmination of a fantastic year for the club as they were crowned National League Champions and regained their spot in the Football League.

We can all be proud of their achievements, whether you're a football fan or not. With the team's future in doubt just two years ago, their success isn't just a boost for the area of Leyton where they're based, but the whole borough.

This month we also welcome the best in international beach volleyball to Waltham Forest as the Continental Cup comes to the Feel Good Too

centre on the 25 and 26 May. Find out how you can go along to watch on page 7.

Sport has the ability to bring people together and boost community spirit – and it's never too late to join in. Read our article on page 6 to find out how care assistants Patricia, Donnalee and Janese are helping older residents keep fit and have fun.

Sport can help Life Chances, by improving well-being, as well as building confidence and offering valuable lessons in working as a team.

Sport can also be inspirational.

Waltham Forest is rightly proud of our local stars of today such as Tae Kwon-do champion Lutalo Muhammad and England men's football captain Harry Kane. But it's also fantastic to celebrate the life of a sporting legend from the past.

Beryl Swain was born in Walthamstow in 1936 and in 1962 became the first woman solo rider to compete in the perilous Isle Of Man TT motorcycle road race. Her licence was later revoked when a minimum weight requirement was introduced to stop her competing in the male-dominated sport, but her achievements live on.

Beryl's story is highlighted in this year's E17 Art Trail (see page 5). First staged in 2004 and now held every two years, this year's trail will see 8,000 artists and residents taking part, and is sure to be one of the highlights of Waltham Forest's year as the Mayor's first London Borough of Culture.

Sport and the arts both have the ability to bring communities together and I'm proud that Waltham Forest has such a rich heritage in both.

Contact Waltham Forest Council



www.walthamforest.gov.uk

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A walk through history in Chingford Mount



Visitors can explore over 40 acres of walkways and tributes to the people buried in the cemetery

A short walk uphill from the shops and restaurants of Chingford Mount is an oasis of calm where locals can enjoy a quiet stroll or spend precious moments with lost loved ones.



Original records of burials are still kept in the cemetery office

Chingford Mount cemetery is the final resting place for thousands of local residents, including World War I flying aces and the East End's most notorious gangsters. It's also cherished by the living for its peace, natural beauty and history etched on every gravestone.

The cemetery opened in 1884. Abandoned by its private owners in the 60s and 70s, it was taken over by Waltham Forest Council in 1978 and once more became a working cemetery.

It's huge – covering over 40 acres, with wide, tree-lined paths cutting through the graves. The Kray Twins are buried here, along with 18th century sculptor John Bacon, whose work features in St Paul's Cathedral, and Benjamin Pollock, the man behind Pollock's famous Toy Museum in Covent Garden.

The cemetery hosts an annual service of remembrance, when local schoolchildren place poppies on around 300 Commonwealth war graves. This year's will take place on Friday 8 November.

Cemetery manager Tushar Sen Gupta is developing 10-point trails about both World Wars, and the social history of

East London. He explains: "Following recent research into the history of the cemetery, we've discovered that there was a large German population in London before World War I. We've uncovered headstones inscribed in German as well as mass graves of German male civilians from Alexandra Palace internment camp. We also had German airmen buried here who crashed in World War II, tucked away in a quiet corner of the cemetery, close to victims of the Blitz. Their bodies were later moved to a dedicated war graves cemetery at Cannock Chase."



A peaceful resting place

More info

You can visit Chingford Mount Cemetery seven days a week. Summer opening hours (until 1 October) are Monday to Saturday, 7.30am to 7.30pm and 10am to 6pm on Sundays. Contact: cemeteries@walthamforest.gov.uk or visit www.walthamforest.gov.uk/content/chingford-mount-cemetery

Help for young people to leave gangs

Waltham Forest's Gang Prevention Programme has commissioned a series of new services to support young people involved with, or affected by, gangs.

The services will be recruiting and training local residents as community mentors, to help those caught up in gang activity, including young women.

One service will work specifically with people who've been convicted of gang offences as they're released from prison and are returning to the community.

More info

Residents interested in becoming community mentors are invited to attend a mentoring event on 23 May at St Mary's Church, Walthamstow at 7.30pm. The event is open to all. Please register your interest in attending by emailing: henny@chelmsford.anglican.org



Deputy mayor visits the borough

London's Deputy Mayor for Policing and Crime has visited Waltham Forest to discover more about the borough's Violence Reduction Partnership. Sophie Linder met Cllr Clare Coghill, Leader of Waltham Forest Council, Katy Thompson, lead of peer-to-peer support group, Streetbase, and others at One Hoe Street. The VRP brings together the Metropolitan Police, health and education services, with youth and community groups to tackle violent crime in the borough. Find out more at www.bit.ly/WalthamForestVRP



For more information please visit:

www.fosteringwalthamforest.co.uk

BE THE ONE

FOSTER

Become a WALTHAM FOREST carer

Fostering Information Evening,

Tuesday 21 May 2019, 6.30pm to 8.30pm,
with guest speak David Akinsanya
The Lounge, Chingford Assembly Hall,
Station Rd, Chingford, London E4 7EN

Foster Care Fortnight drop in morning,

Friday 24 May, 10am to 1pm,
Waltham Forest Town Hall, Forest Road, E17 4JF

Foster Care
Fortnight
The Fostering Network


Waltham Forest

More Make It Happen Fellowship Funding grants announced



Representatives from the successful projects meet Leader of the Council, Cllr Clare Coghill [centre in grey T-shirt], and Cllr Paul Douglas, Cabinet Member for London Borough of Culture 2019 [seated, far left]

13 inspiring projects have been selected to receive financial support as part of Waltham Forest London Borough of Culture 2019.

The second round of the Make it Happen Fellowship Funding programme has awarded grants to artists and organisations to create locally relevant, ambitious cultural activity across the borough. A panel of community ambassadors had the tough job of selecting the successful candidates from over 150 applications.

E17: My Home will explore the untold stories of female immigrants that help to make our borough special.

Magic Me presents the *Inside Out Festival*, turning retirement and care homes into arts venues in collaboration with residents.

Red Light Busking will transform Walthamstow into a busker's paradise.

Local artist Maud Milton will create a series of mosaic installations across the borough.

Stories and Supper shares the experiences of refugees through a new cookbook.

Permanent Inclusion will combine performing arts to work with young people pupil referral units to create a

new theatre performance.

Black Hair and Heritage will bring together elders and younger women to share experiences of black hair and culture in the borough and beyond

Handprint Theatre will create a special performance for deaf and hearing audiences called *Our Patchwork Community: A Tale of Two Houses*.

Home Project asks everyone... what does home mean to us?

Polish Jazz - London Series will showcase the very best of Polish jazz at 5 concerts around the borough.

Urban Crafts Foundation and its mobile forge will help residents learn new skills in metal making and blacksmithing.

In celebration of Black History Month, *Hennography* will explore the history of the ancient dye, from ancient beginnings in Egypt up to the present day.

We're All Bats presents a special programme, inviting all ages to rediscover the art of listening. Highlights include exploring the borough through music events, walks guided by sound and underwater music at a swimming pool. You heard it here first.

More info

Visit www.bit.ly/FellowshipFunding

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Behind the scenes at the EMD/Granada

It's been a momentous week for the former EMD Cinema (previously Granada Cinema).

The Grade II* listed cine-variety hall in Hoe Street, Walthamstow, opened in 1930 but closed 15 years ago. Since 2015, it's housed the pop-up bar and entertainment venue Mirth, Marvel and Maud, with the historic site being purchased by Waltham Forest Council earlier this year. The council

is now working in partnership with Soho Theatre to reopen the building in 2022 as a local theatre with a national profile.

This week, as refurbishment work starts on the building, the EMD/Granada opens for behind the scenes tours of the main auditorium, hidden from public view for over a decade. Tickets sold out quickly for the tours on Tuesday.

Keep an eye out in the next edition of Waltham Forest News for a special look behind the scenes at this iconic cultural venue.



More info

Visit www.bit.ly/EMD-WFN

Coming up at One Hoe Street, the London Borough of Culture 2019 hub

Japanese Flower Arrangement

24 & 25 May, 2.30-3.30pm

Free, book in advance

Join us at One Hoe Street to see demonstrations and 20 different Ikebana arrangements.

White Crane Spreads Wings:

Tai Chi

25 May, 11am

£10/£30

In this introduction course, you will be learning basic Tai Chi movements, a small routine and



Out of the Forest, 29 May

Tai Chi principles to start learning to move your body like a cloud or white crane.

E17 Pre Loved Club

26 May, 11am

Free, just turn up

Join the Pre Loved Club at One Hoe Street where you'll find stylists, and local creatives that will be clearing and selling the contents of their closets.

Element: Out of the Forest

29 May, 5.30pm

Free, just turn up

Artwork by young creatives in the borough, who have spent six weeks painting, writing and crafting their pieces and perspectives.

Bongalong

Every Friday, 11am

Starting at £6.50

Movement, singing, dance and drama in one space for under ones to enjoy and learn to express themselves creatively.

The Mirage of Angels:

Performances & Iftar Meal

1 June, 7.30pm

**Free, donations encouraged.
Book in advance.**

As part of E17 Art Trail, we're pleased to invite you to a Ramadan event of Sufi poetry and music, featuring a live multi-media performance of *The Mirage of Angels*.

More info

For more information on all events and to book, please visit www.wfculture19.co.uk/onehoestreet

Art and science combine for E17 Art Trail



Magwitch – Uncle Fred by Louise Weir. Mixed media, using paint, drawing, ink print-making, digitally coloured on computer © Louise Weir

The work of 8,500 Walthamstow artists and residents will be exhibited around the local area from 1 to 16 June as part of the 15th E17 Art Trail.

The biennial festival, being staged this year as part of the Mayor's first London Borough of Culture in Waltham Forest, will feature 400 exhibitions in 205 private and public spaces. This makes it one of the largest open access visual arts festivals in the UK.

The E17 Art Trail was first staged in 2004. The festival, which works with artists, creatives, businesses, community organisations and schools in Walthamstow, has grown year on year since then. In 2017, it hosted more than 300 events featuring the work of 7,500 people, drawing in 75,000 visitors.

For 2019, artists have been inspired by the theme, Wonder [of art and science]. They've responded with an exciting range of diverse pieces tackling subjects such as mental health and well-being, environmental issues and campaigns, and the power of art and science together.

The inclusive festival of art features work by internationally known artists alongside local residents and students. The work is exhibited in a host of locations, spanning homes, community centres and schools, restaurants, local businesses and faith centres.

Highlights of this year's E17 Art Trail include:

- a groundbreaking collaboration between ceramicist Amanda Doidge and neuroscientists from King's College London

- *Swarm* – a call to arms responding to the plight of our pollinating insects, featuring work by Alke Schmidt, Anna Alcock, Hannah Ford, Miyuki Kasahara and Sandi Sutton

- *Female Icons* – Lucy Henzell-Thomas's portraits of women who have inspired wonder

- *Beryl Swain: The Need for Speed* – a coming together of female motorcyclists to celebrate the Walthamstow-born pioneer who became the first woman to ride solo in the Isle of Man TT race (see right)

- *Inner Light* – new textile installation from Reziah Wahid MBE.

You can kick start the trail early by coming along to the preview night on Thursday 30 May, when 60 exhibitions open early all over Walthamstow. Visit www.e17arttrail.co.uk/previews



This year's E17 Art Trail guide

More info

Download your free copy of the E17 Art Trail 2019 guide at www.e17arttrail.co.uk/trail-guide or pick one up from various locations including Waltham Forest libraries and One Hoe Street

The brilliant Beryl Swain



Speed sister, Beryl Swain. Image: Manx National Heritage

Born in Walthamstow in 1936, Beryl Swain became the first solo woman to compete in a TT race on the dangerous Isle of Man TT course. The year was 1962 and in response, the International Federation of Motorcycling introduced a minimum weight requirement for competitors, meaning that Beryl, weighing just 7 and half stone, stood no chance of qualifying and had her licence revoked. Beryl was forced to give up the sport she loved and eventually became a manger for Sainsbury's. She died in Epping in 2007 – but is now getting the recognition she deserved.

You can watch a contemporary report on Beryl's achievements at www.britishpathe.com/video/girl-racer

 WALTHAM FOREST
LONDON BOROUGH
OF CULTURE 2019

LEGENDS of the
FOREST



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Building foundations at Leyton Cricket Club



Howzat! Pupils from St Joseph's donned hard hats to visit the site

St Joseph's Junior School visited Leyton Sports Ground on Friday 3 May to learn about construction and hear how the venue will be transformed into a world class cricket hub.

The pupils from the school in Vicarage Road, Leyton, discovered the different types of jobs available in the construction industry and the works that are taking place

in the sports hall as part of Waltham Forest Council's partnership with the England and Wales Cricket Board (ECB.) The urban cricket hub will be completed in June. The ECB also donated cricket bats to the school.

More info

Find out more about the project at walthamforest.gov.uk/content/regeneration-leyton-sports-ground

Coppermill Lane trials

Throughout May, Waltham Forest council's highways team has been trialling potential new road layouts on a section of Coppermill Lane in Walthamstow.

As part of the Coppermill Liveable Neighbourhood scheme, two temporary trials have been constructed to see whether the road can be made safer for pedestrians and cyclists, and meet the needs of local residents and businesses.

This week the second two-week long trial begins, which will see the road

narrowed to provide additional space for pedestrians. This follows the previous trial which created two separate lanes of traffic, preventing motor vehicles from overtaking cyclists.

Road users have been invited to leave comments on boards on the road as well as give feedback during face-to-face surveys, which will be used to inform plans for future improvements in the area.

More info

Visit enjoywalthamforest.co.uk/cln

Putting a little *Oomph!* into exercising



Carers Janese Warner, Patricia Jackson and Donnalee Ellis

Older adults around Waltham Forest have been benefitting from a new service that helps them keep fit and improves their well-being.

In November 2018 the council's Adult Social Care Provider Services and Sports and Leisure Team began working with Oomph! The company has provided training to 14 care home and dementia service staff to deliver lively and varied activities for the residents of George Mason Lodge, Leytonstone, Alliston House, Walthamstow and Mapleton Road, Chingford, and our dementia group sites in Leyton and Chingford.

The activities are fun and engaging and promote mental, physical and emotional well-being. Oomph! CEO and founder Ben Allen said: "We founded Oomph! to make a difference and improve older adults' lives. We can see how vital this is every day and we are continuously driven by the results we see."

Patricia, Donnalee and Janese are care assistants at George Mason Lodge. They've been delivering regular Oomph! sessions for over six months.

Every session includes a warm up where residents are encouraged to do some light exercises, such as lifting their arms, flexing their hands and fingers or rolling their ankles, in preparation for the activities ahead.

Janese said: "It's really beneficial for the residents. Not only do they enjoy it but it keeps them healthy. As many residents have more limited mobility, they don't have as many opportunities to do physical activities, so we always try to offer variety in the sessions. We're very much looking forward to the warmer weather so that we can have the sessions outside in the garden."

Activities include seated volleyball, floor hockey and role-play, all accompanied by lively music. Patricia said: "We have a lot of fun delivering the sessions and we can see that the residents enjoy them, too. One of the residents, Gill, always gets up and dances, others sing along to songs they recognise, and we all have a great time."



More info

Find out more about Oomph! at www.oomph-wellness.org

Waltham Forest Our Place

Connecting Communities chat

Our Connecting Communities managers are meeting residents to hear their thoughts on bringing people together in 'Our Place'

Find out more and sign up to our newsletter at www.walthamforest.gov.uk/connectingcommunities

Leytonstone Smira Javed

"Thank you to everyone who attended the Connecting Communities meeting in Leytonstone. The room was filled with the awesome talent, skills, passion and commitment of people from the area."

If you'd like to join the Leytonstone network or find out more, email: smira.javed@walthamforest.gov.uk



Chingford Ruth Mitchell

"Thanks to all who came to Chingford's first Connecting Communities meeting, where opportunities for young people seemed to be on most people's minds. The next communities mixer and brainstorm will be on 4th June."

If you'd like to join the Chingford network or find out more, email: ruth.mitchell@walthamforest.gov.uk



"The first Connecting Communities meeting in Leyton was inspiring! Five people signed up to a community mentoring scheme, and residents shared their thoughts across a range of issues."



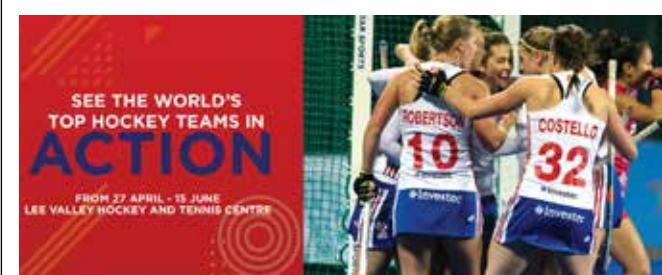
Leyton Carolyn Sellick

If you'd like to join the Leyton network or find out more email: carolyn.sellick@walthamforest.gov.uk

Walthamstow Hinnah Gill

To come along or find out more email hinnah.gill@walthamforest.gov.uk

The world's top hockey teams head to Lee Valley



The FIH Pro League is a ground-breaking, global hockey league which sees the world's top men's and women's nations – including Great Britain – battling it out for sporting glory.

The tournament got underway in January and will see a total of 128 matches being staged around the world ahead of a Grand Final in June in the Netherlands.

London hosts 15 of Great Britain's men's and women's matches, with most taking place at the Lee Valley Hockey and Tennis Centre in

the Queen Elizabeth Olympic Park. The matches are part of the legacy of the London 2012 Olympics, of which Waltham Forest was a host borough.

GB Hockey is giving residents of Waltham Forest wanting to see Great Britain a 20 per cent discount on the following matches (subject to availability):

GB v Germany (men) Thursday, 6 June – 7:30pm

GB v Germany (women) Friday, 7 June – 7:30pm

More info

To buy your tickets and claim your discount, go to www.bit.ly/FIHWFN and use the code **RESIDENT20**.

Beach volleyball back in London – and free to watch!



Ellie Austin and Anaya Evans met are competing for England

There are only a few days to go now until Waltham Forest welcomes international beach volleyball back to London for the first time since the 2012 Olympics.

The CEV (Confédération Européenne de Volleyball) Continental Cup is taking place at Leyton's Feel Good Too centre on Saturday 25 and Sunday 26 May. It's a rare opportunity to see world-class beach volleyball teams compete as they begin the

quest to qualify for the Tokyo 2020 Olympics. And most excitingly, tickets are completely FREE for the entire weekend.

The women's and men's England teams will be in action – the women's team takes on France, Belarus, and Northern Ireland, while the men face Switzerland, Armenia, and Bulgaria.

Hosting its first international competition is a huge milestone for the Feel Good Too centre in Leyton, which opened in October

ball retrievers during the event, and food and drinks will be available from local traders. There will even be the chance for wannabe beach-bums to have a go themselves on the taster court. Who knows, perhaps the beach volleyball stars of tomorrow could find their feet?

It's not often you get to support Waltham Forest businesses and watch international sports stars at the same time. We'll see you on the beach!

2018 following an £11m investment and redevelopment by the council. The tournament is being hosted in partnership with the CEV, Leyton-based volleyball management agency Side Out, Volleyball England and Volleyball London.

The competition may be international, but there will be a strong local influence throughout the weekend.

The council has invited young people from schools in the borough to work as

The England teams

Women

- Vicky Palmer and Jess Grimson
- Ellie Austin and Anaya Evans

Men

- Joaquin and Javier Bello
- Chris Gregory and Issa Batrane

The competition

Women

- France – ranked 16th in Europe
- Belarus – ranked 12th in Europe
- Northern Ireland – ranked 42nd in Europe

Men

- Switzerland - ranked 34th in Europe
- Armenia – unranked in Europe
- Bulgaria – ranked 6th in Europe



The 2012 Olympic legacy

The Feel Good Too centre in Leyton was opened in October 2018 on the site of the disused IVE Farm Field sports ground, which, until the 1980s, served as training ground for Leyton Orient FC. To promote sport in the borough and nurture the next generation of sporting talent, especially following the huge success of the London 2012 Olympics, the council spent £11m to renovate and develop the area.

The facilities now include floodlit all-weather sports pitches, a 60-metre running track, and world-class beach volleyball facilities. The new Feel Good Too centre also features a community café and growing beds which will supply delicious fresh produce directly to customers' plates. Find out more at www.bit.ly/feelgoodtoo.

Reserve a priority ticket

It's free to turn up on the day – but if you want to guarantee entry, visit our Eventbrite page and reserve your priority ticket. All that's left to do is prepare for the weekend of sporting action! bit.ly/CEV_priority



Stepping out in Waltham Forest

As the temperatures start to rise May has seen the return of National Walking Month.

Waltham Forest Council's weekly community Feel Good Walks encourage residents to get out and explore the borough, meet new people and get more active. Following the training of 20 walk leaders in recent months, the number of walks available across the borough

is growing.

The council is also supporting primary school children to get moving more during Walk to School Week (20-25 May). 45 schools have signed up, which equates to 20,500 pupils, and will see them walk up to a mile each day. In Waltham Forest, the majority of school catchment areas are less than a mile, so under a 20 minute to walk.

More info

Find out more about local walks at www.walkingforhealth.org.uk/walkfinder/waltham-forest



Motorcyclists must now pay to park in car parks and on the streets of Waltham Forest.

Charges have been introduced to protect parking for local residents as well as deter anti-social behaviour in the borough.

From 1 July 2019 motorcyclists without a valid parking ticket or permit could receive a £130 fixed penalty notice.

Register to park your motorbike in a Controlled Parking Zone or a Pay and Display parking bay here:

walthamforest.gov.uk/motorcycle

8 Regeneration

Two new Saturday markets launch



Organic vegetables and more will be available in Lloyd Park Market

This summer sees two new markets opening in the borough, giving even more choice for shoppers and visitors including those looking for some great street food.

Opening during National Love Your Local Market Week, which runs from 17 to 31 May, the Leyton Jubilee Market launched last Saturday. Find it behind KukooLaLa Café between 11am to 4pm for 12 weeks over the summer.

Hosted by The Creative Side of London, it's the idea of a group of local residents who

Have your say!

These are some of the public consultations currently taking place:

The Score Centre and Coronation Neighbourhood regeneration

Drop in engagement session

Monday 3 June 2019, 12.30pm to 8pm

Community Room, The Score Centre, 100 Oliver Road, Leyton, E10 5JY

Info: walthamforest.gov.uk/ScoreCentre

decided this part of the borough needed a market and then took action to make it happen.

It features a range of affordable stalls, including hot food, local produce, handmade goods and pre-loved items, as well as music, a bouncy castle and other entertainment for children.

In Walthamstow, Lloyd Park Market opens on 8 June. Find it at the Forest Road entrance to the park from 10am until 4pm every Saturday.

As well as being able to pick up seasonal organic vegetables, an organic chicken or a locally baked loaf of bread, you'll be able to grab an amazing lunch by the likes of burger legends Mother Flipper, Carcass fire-cooked steaks, Little Leaf vegan pizza and more.

The market will even have a Doggie Deli, so four legged customers won't miss out on the fun.

More info

Visit walthamforest.gov.uk/markets

Highams Park Planning Group redesignation

Online consultation

Ends: Monday 10 June 2019

Info: walthamforest.gov.uk/HPPGRedesignation

Neighbourhood Community Infrastructure Levy

Online consultation

Ends: Sunday 30 June 2019

Info: walthamforest.gov.uk/CIL

Anti-Social Behaviour Strategy

Online consultation and Focus Groups

Ends: Friday 31 May 2019

Info: walthamforest.gov.uk/ASB

Open Space Strategy

Online consultation

Ends: Sunday 7 July 2019

Info: walthamforest.gov.uk/OpenSpaces

Reduced carbon emissions at Marlowe Road Energy Centre



LtoR at the official opening: Asst Site Manager Vicky Beeston, Project Manager Juan Velez, Technical Manager Adam Clarke, Cllr Clyde Loakes, Cllr Louise Mitchell, Snr and Associate Development Director Nick Clarke

Residents in Marlowe Road Walthamstow will be able to benefit from fairly priced heating and hot water while helping the environment, thanks to the opening of a new district energy centre.

The centre, which was built by Countryside Properties as part of the regeneration of the former Marlowe Road Estate, currently uses specially designed boilers to produce hot water that's piped to the households for their central heating, showers and hot water in bathrooms and kitchens.

When fully operational, the energy centre will also contain combined heat and power units which use natural gas to produce electricity which is then sold to the National Grid. The heat generated is used to provide hot water and heating to residents' homes. This will further improve the cost efficiency and reduce the carbon emissions of the system.

Temperatures can be controlled by thermostats in each apartment. Residents can pay their energy bills directly through a meter in their homes that also provides information

on how much they use, allowing much greater control over energy consumption and cost.

The energy centre will supply energy to 436 new homes on Marlowe Road estate when the redevelopment is complete. It's also expected to supply energy to hundreds more existing homes in the local area, as well as public sector buildings.

Cllr Clyde Loakes, Deputy Council Leader and Cabinet Member for the Environment, officially opened the centre alongside Cllr Louise Mitchell, Cabinet Member for Housing. He said: "We first had the idea for this district energy centre seven years ago and were pleased when it received £1million from the government Heat Network Investment Project (HNIP).

The heat generated is used to provide hot water and heating to residents' homes

"It will help tackle the climate emergency by reducing household carbon emissions by making efficient use of heat from electricity generation which would otherwise be lost."



WALTHAM FOREST OPEN SPACE STRATEGY:

We need your views!

The parks and green spaces in our borough are fundamental to our ability to enjoy a good quality of life, support biodiversity and adapt to climate change. We are currently developing an Open Space Strategy that will provide evidence for updating our Local Plan and will provide a framework for future management of the borough's green spaces.

This short survey is aimed at getting a better understanding of what you think about the borough's existing green spaces, your recreation needs and your thoughts on managing green spaces for the benefit of the borough's wildlife. It is important that we understand how you use your green spaces and how you want them to be improved so we can plan for the future.

The survey takes approximately 10 minutes and can be completed online via the Waltham Forest Council website (<https://walthamforest.gov.uk/service-categories/parks-and-open-spaces>).

The survey will end on 7 July 2019.



New open space for Leytonstone



Plans for the new open space in Victoria Road

Work is due to start in June on a new open space in Victoria Road, near the junction with Leytonstone High Road.

The project will create a new area for residents to relax in, as well as space for informal play aimed at young children.

Landscaping, including retaining existing trees and shrubs, is included as part of the council's continuing commitment to improve air quality in the borough.

The design for the scheme followed a public consultation in 2016 where residents said they wanted higher quality open spaces.

The £155,000 project is due to finish by the end of July this year, ready for residents and visitors to enjoy during the summer.

Cllr Simon Miller, Cabinet Member for Economic Growth and Town Centres, said: "Every time we create one of these new open spaces it improves the area in several ways, including its appearance and air quality, which is why we include green open spaces in the regeneration projects we are delivering across the borough."

More info

Visit walthamforest.gov.uk/VictoriaRoad

GET MOVING THIS SUMMER

Get out and moving about by joining some of the ten projects which have been funded by the £20,000 Community Walking and Cycling Fund

Check out the activities taking place across Waltham Forest chosen to encourage stronger, active communities:

Baby Biking: Find out how to take young children on your bike in a fun and safe way at friendly workshops in Leytonstone, then borrow equipment to try out for free for a month. To find out about the next workshop email info@carryme.org.uk

COG BMX for all: Junior BMX club for 6-10 year olds running Saturdays 3-5pm at Cheney Row Track. First session starts Saturday 25 May. For more information visit: cogcycling.co.uk

Epping Forest E Bike Adventures: Combine the beauty of the Epping Forest trails with the technology of electric bikes to discover the enjoyment and health benefits of cycling. Sessions take place every Thursday. To register visit: www.gofurthercycling.co.uk

Green Hearts: Join the free, friendly weekly walks around the playing field at Douglas Eyre Sports Centre every Friday and Saturday at 10am. These sessions are open to all ages and start on Friday 7 June. For more information visit www.lpff.org.uk

Salaam Peace Bike and Gym: Sunday morning youth project begins with a cycle ride from Low Hall Depot to the CopperBox Gym for a fitness session, and return bike ride. The rides start at 11.30am. For more information and to sign up visit www.salaampeace.org

Markhouse Walk and Ride about: Local walks and rides run by the Queens Boundary Community, introducing residents to each other and the area. The next event will take place on Saturday 8 June starting from Thomas Gamuel Park. For more information visit queensboundary.wordpress.com

StowSteppers aims to get Walthamstow residents moving by increasing physical activity through a friendly local competition. Join in by downloading the free Movespring app and entering the code 'STOWSTEPPERS'

Waltham Forest Thamil Sangam are organising walking and cycling events for the Tamil community. Find out more at the registration event on Saturday 25 May at Frederick Bremer School from 10am

Walk and Talk for Your Life: Join this group socialising and exercise programme in Walthamstow designed for older people as part of an academic study with Middlesex University. To sign up for the twice weekly walks starting on Monday 27 May email WTLWalthamstow@gmail.com

Weekend Guided Cycle Rides: Join fortnightly women and men-only cycle rides led by two Muslim cycling groups (Cycle Sisters and FECycle). The rides start in Leyton and Walthamstow from Saturday 15 June. Email cyclesistersrides@gmail.com for more information

**WALK
CYCLE
ENJOY**

enjoy
WALTHAM FOREST
www.enjoywalthamforest.co.uk

10 Public notices

Planning

London Borough of Waltham Forest Notice of Application for Planning Permission Town and Country Planning (General Development Procedure) (England) Order 2015 Notice under Article 15

190924	C/O Agent	Stonelea & Thornebury, 3 Langthorne Road, Leytonstone, London, E11 4HL	Minor material amendment to condition 2 of planning permission ref: 153090, dated 6/3/17 to allow amendment to floor plans to increase affordable dwellings to 40 and change wording of condition 2.
183770	Montagu Evans LLP 5 Bolton Street London W1J 8BA	Marlowe Road Estate, Marlowe Road, Walthamstow, London	Variation of condition 2 of planning permission 151652 (as amended by 192026) for the demolition of the existing Marlowe Road Estate and phased redevelopment of the site comprising 436 residential units (126 x 1 bed, 136 x 2 bed, 138 x 3 bed and 36 x 4 bed) Class A1, A2, A3, A4, A5 and D1 commercial space (1119sqm) in blocks ranging from two to seven storeys in height, car parking, internal infrastructure network, energy centre, new public plaza, hard and soft landscaping and associated works (and retention of the Northwood Tower residential block) dated 20/9/16 to allow for an uplift of 12 residential units (98 in total), including internal alterations, and associated elevation and fenestration alterations with respect to blocks P5, P6 and P7 only.
183180	Asset Rock Investments	155 Chingford Road, Walthamstow, London, E17 4PN	Construction of three storey building including excavation to create basement to provide 9 residential units (2 x 1 bedroom, 2 x 2 bedroom and 5 x 3 bedroom units).
183911	C/O Agent	38 Clifton Avenue, Walthamstow, London, E17 6HL	Construction of part-three, part-two building for an academy accommodating 400 pupils (ages 16-19), a theatre and an ancillary cafe, in addition to hard and soft landscaping, recreational areas, car parking, cycle parking; following the demolition of single-storey building and removal of temporary porta-cabins. (Amended scaled drawings and minor amendments to proposed elevations)

London Borough of Waltham Forest Planning (Listed Buildings and Conservation Areas) Act 1990- Section 67

Notice is Hereby Given that the following application affecting a building within a conservation area has been made to the Council.

191119	C/O Agent	12 Badlis Road, Walthamstow, London, E17 5LQ	Construction of dormer roof extension to main rear roof, together with installation of two roof lights to front roof.
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The applications are available to view on the following website:

<https://www.walthamforest.gov.uk/content/search-planning-applications>

Any views you would like to make for the above proposals, must be submitted in writing to the Council within 14 days of the date of this Notice. Due to the number of correspondence (letters, emails etc) received by the Council relating to planning applications, it will not be possible to acknowledge or respond to your correspondences should you submit any. However, all views/comments received are fully considered during the assessment of the planning application. Please note that the planning file, including correspondence received for the application, are open to the public. **Dated this day 20th May 2019. Adrian Harding, Head of Development Management and Building Control, London Borough of Waltham Forest**

LOADING, AMENDMENTS TO BUS LANES AND WAITING AND LOADING RESTRICTIONS, SHARED CROSSING FACILITIES FOR PEDESTRIANS AND CYCLISTS, REMOVAL OF ONE WAY WORKING
The Waltham Forest (Charged-For Parking Places) (Amendment No. 161) Order 2019
The Waltham Forest (Free Parking Places, Loading Places and Waiting, Loading and Stopping Restrictions) (Amendment No. 194) Order 2019
The Waltham Forest (Bus Lane) (Revocation) (No. 8) Traffic Order 2019

The Waltham Forest (Prescribed Routes)

(Lea Bridge Road) (No. 4) Traffic Order 2019

1. NOTICE IS HEREBY GIVEN that the Council of The London Borough of Waltham Forest on **20th May 2019** made the above-mentioned Orders under sections 6 and 45 and 124 of and Part IV of Schedule 9 to the Road Traffic Regulation Act 1984, as amended. The general effect of the Orders to coincide with cycle improvements and shared highway and footway space for moving vehicles and pedestrians at junctions hereinafter termed "Copenhagen Style blended crossings" (made under sections 90A and 90C of the Highways Act 1980 and the Highways (Road Humps) Regulations 1999) will be to:-

(a) **on both sides of Lea Bridge Road** (hereinafter termed "LBR") (all which is the London Borough of Waltham Forest) - convert all waiting and loading restrictions between the property boundaries of Nos. 623/625 and 678/680 LBR and the south west kerb lines of Forest Rise and Snaresbrook Road to double yellow lines and double kerb marking "at any time" waiting and loading restrictions, **except**:
 (i) where Pay by Phone (or vouchers parking where supplied) (cashless) parking places operating 8am to 1pm and 2pm to 6.30pm with the first 15 minutes parking 'free' or Pay by Phone with a maximum stay of 3 hours and no return within 3 hours (charges shown in **Schedule 1** below) are provided at the following locations:

i. **the southern side**
 • from a point 2 metres (hereinafter termed "m") north-east (hereinafter termed "ne") of the common boundary (hereinafter termed "cb") of Nos. 690 and 692 LBR to a point 3.5m ne of the cb of Nos. 706 and 708 LBR,
 • from the cb of Nos. 712/714 LBR to a point 1 metre south-west (hereinafter termed "sw") of the cb of Nos. 726/728 LBR,
 • from the cb of Nos. 770/772 to a point 2.3m ne of the cb of Nos. 778/780 LBR,
 ii. **the northern side**
 • from a point 8.7m sw of the cb of Nos. 755/755a LBR sw for a distance of 17.4m
 • from a point 6.1m sw of the sw flank wall of No. 785 LBR sw for a distance of 36.5m,
 • from the cb of Nos. 859/861 LBR ne for a distance of 16.6m,
 • from a point 0.5m ne of the ne flank wall of No. 871 LBR ne for a distance of 32m
 • from a point outside the cb of Nos. 887/889 LBR ne for a distance of 13 metres, and

(ii) where Loading Places operating between Monday to Saturday 10am – 4pm throughout the week, limited to 30 mins, no return within 2 hours are provided at the following locations:

i. **the southern side**
 • from a point 6m sw of the cb of Nos. 690/692 to a point 2m ne of the cb of Nos. Nos. 690/692;
 • from a point 3.5m ne of the cb of Nos. 706/708 LBR to the cb of Nos. 712/714 LBR,
 • between the cb of Nos. 768/770 LBR and Nos. 770/772 LBR;
 ii. **the northern side**
 • from a point 8.7m sw of the cb of Nos. 755/755a LBR ne for a distance of 7m
 • from a point 6.1m sw of the sw flank wall of No. 785 LBR ne for a distance of 8m
 • from a point opposite the ne flank wall of No. 854 LBR ne for a distance of 9.5m
 • from a point outside the cb of Nos. 867/869 LBR ne for a distance of 12m,
 • from a point outside the cb of Nos. 885/887 LBR ne for a distance of 7m,

(iii) on the southern side from the property boundary of Nos. 816/818 LBR ne for a distance of 6.6 metres change from advisory to designated disabled persons parking place operating at all times,
 (b) remove the existing one-way prohibition in Western Road between Elm Road and Lea Bridge Road;
 (c) on the northern side of LBR remove the

existing bus lane from a point commencing from the ne boundary of Nos. 729 / 751 LBR to the cb of Nos. 891 / 893 LBR;

(d) **in Western Road E17** –between LBR and Elm Road:

i. **sw side** - remove a parking place outside the ne flank wall of No. 787 LBR and replace by extending the double yellow line from its junction of LBR northward to the garage entrance of that said property;
 ii. **ne side** – remove 5m of permit parking space outside the sw flank wall of No. 789 LBR and replace by extending the double yellow line from its junction with LBR northward by the same distance; and
 iii. close to vehicular traffic **Western Road E17** at its respective junction with Lea bridge Road for a distance of 10m;

2. **FURTHER NOTICE IS HEREBY GIVEN** that the Council under the same RTRA sections mentioned in paragraph 2 made Traffic Order amendments to correct the parking arrangements in **Markhouse Avenue E17** outside the flank wall of No. 32 Markhouse Road namely to a Free Short Stay. No changes will be made on street.

3. Copies of the Orders, which will come into operation from **20th May 2019** and other relevant documents can be inspected during normal office hours on Mondays to Fridays inclusive until the expiration of a period of 6 weeks from that date, at: (a) The Information Desk, Town Hall, Forest Road, Walthamstow, E17; and (b) Low Hall, Argall Avenue, London, E10 7AS.

4. Any person desiring to question the validity of either of the Orders or of any provision contained therein on the grounds that it is not within the relevant powers of the Road Traffic Regulation Act 1984, or that any of the relevant requirements thereof or of any relevant regulations made thereunder has not been complied with in relation to the Orders may, within six weeks of the making of the Orders, make application for the purpose to the High Court.

Dated: 20th May 2019

Mr. K. Valavan, Director of Highways and Traffic Management, Neighbourhoods Directorate, Low Hall, Argall Avenue, London, E10 7AS

Parking Period	Pay by phone	Voucher Scheme
30 minutes	£1	£1.50
1 hour	£1.80	£3.00
3 hours	£3.50	£3.50

LONDON BOROUGH OF WALTHAM FOREST VARIOUS ROADS - REMOVAL/AMENDMENT/PROVISION OF CERTAIN PARKING PLACES AND WAITING RESTRICTIONS/SPEED LIMIT MINOR CORRECTION TO EXISTING ORDERS TO ACCURATELY REFLECT PARKING PROVISIONS ALREADY ON THE HIGHWAY (T24(19) – MINOR BATCH NO. 3_2019

The Waltham Forest (Charged-For Parking Places) (Amendment No. 162) Order 2019

The Waltham Forest (Free Parking Places, Loading Places and Waiting, Loading and Stopping Restrictions) (Amendment No. 195) Order 2019 **The Waltham Forest (20 m.p.h. and 40 m.p.h.) (2019/No. 2) (Amendment No. 1) Speed Limit Order 2019**

1. FURTHER NOTICE IS HEREBY GIVEN that the Council on **20th May 2019** made the above-mentioned on-street traffic Orders under sections 6, 45, 46, 49 and 124 of and Part IV of Schedule 9 to the Road Traffic Regulation Act 1984 (RTRA), as amended. The general effect of the on-street Orders will be:

(a) **in Matlock Road E10 (MT) – south-east side** – to remove the single yellow line waiting restriction outside No. 116 MT and replace with permit parking space operating Mon-Fri 9am to 6pm for WXS permit holders only outside;
 (b) **in Oakhurst Close E17** - introduce a maximum speed limit of 20 m.p.h.;
 (c) **in Tenby Road E17 (TB) – south side** – to remove permit parking space for 3 vehicles adjacent to the flank wall of No.57 Blackhorse Road and replace with an extension of double yellow line "at any time" no waiting restriction;
 (d) **in Wellington Road E10 (WG) – south-east side** – reduce the loading place opposite

Nos. 16 to 21 WG by 15 metres and extend the single yellow line waiting restriction opposite Nos. 10 to 15 WG by 15 metres in a south-westerly direction (the single yellow line will be from Mon- Fri 7am to 7pm inclusive); and

(e) **in Woodford New Road – east side** (between Oakhurst Gardens and Forest Rise) - convert 13 metres of double yellow line no waiting and single blip no loading restrictions to Coach Only parking space by extending the existing Coach only parking place southbound and amend the times of operation from 8.30am – 9.00am and 3.45pm – 4.15pm; to 7:45am – 8:45am and 3:30pm – 4:30pm Mondays to Fridays (inclusive)

2. FURTHER NOTICE IS HEREBY GIVEN that the Council under the same RTRA sections mentioned in paragraph 2 made Traffic Order amendments to correct the parking arrangements in **Markhouse Avenue E17** outside the flank wall of No. 32 Markhouse Road namely to a Free Short Stay. No changes will be made on street.

3. Copies of the Orders, which will come into operation from **20th May 2019** and other relevant documents can be inspected during normal office hours on Mondays to Fridays inclusive until the expiration of a period of 6 weeks from that date, at: (a) The Information Desk, Town Hall, Forest Road, Walthamstow, E17; and (b) Low Hall, Argall Avenue, London, E10 7AS.

4. Any person desiring to question the validity of either of the Orders or of any provision contained therein on the grounds that it is not within the relevant powers of the Road Traffic Regulation Act 1984, or that any of the relevant requirements thereof or of any relevant regulations made thereunder has not been complied with in relation to the Orders may, within six weeks of the making of the Orders, make application for the purpose to the High Court.

Dated: 20th May 2019

Mr. K. Valavan, Director of Highways and Traffic Management, Neighbourhoods and Commercial, Low Hall, Argall Avenue, London, E10 7AS

LONDON BOROUGH OF WALTHAM FOREST WAITING AND LOADING RESTRICTIONS, CHANGES TO THE PROVISION OF PARKING PLACES, MINOR CORRECTIONS TO EXISTING ORDERS BAN ON VEHICLES OVER 7.5 TONNES. RIGHT TURN BAN FROM TOWN HALL INTO FARHAN AVENUE (LBWF BATCH 17) T27(19)

The Waltham Forest (Charged-For Parking Places) (Amendment No. *) Order 201*

The Waltham Forest (Free Parking Places, Loading Places and Waiting, Loading and Stopping Restrictions) (Amendment *) Order 201* **The Waltham Forest (Prescribed Routes) (Farnan Avenue E17) Traffic Order 201*** **The Waltham Forest (Prescribed Routes) (Weight Restriction) (Forest Road) Traffic Order 201***

1. NOTICE IS HEREBY GIVEN that the Council of The London Borough of Waltham Forest (hereinafter termed "the Council") propose to make the above-mentioned Orders under sections 6, 45, 46, 49 and 124 of and Part IV of Schedule 9 to the Road Traffic Regulation Act 1984 (RTRA), as amended.

2. The general effect of the Orders would be to introduce double yellow lines (dyls) ("at any time" waiting restrictions) in the lengths of roads specified in **Schedule 1 to this Notice (in some cases this would involve extending lengths of existing double yellow lines and/or converting single yellow lines);**

3. The general effect of the Orders in other roads will be to, in:

(a) Bromley Road E10 (BRM) – north-east side –
 (i) convert the single yellow line waiting restriction opposite Nos. 12 to 16 BRM to parking space for SB permit holders only operating Mondays to Saturdays 8am to 6.30pm inclusive;
 (ii) formally remove the "at any time" loading

Highways

LONDON BOROUGH OF WALTHAM FOREST ROAD TRAFFIC REGULATION ACT 1984 – SECTIONS 6 and 45 LEA BRIDGE ROAD SECTION F and G (T18bc(19)) INTRODUCTION OF PEDESTRIAN CROSSINGS, ROAD CLOSURES (EXCEPT CYCLES), REMOVAL AND PROVISION OF PARKING AND

restrictions between and opposite Nos. 8 and 12 BRM;

(b) **Colworth Road (CLW) E11 – south-west side** – convert 4.5 metres of LSN permit holders only parking space to single yellow line waiting restrictions operating between the hours of 10am and 4pm – Mondays to Fridays inclusive;

(c) **Corbett Road E17 (CBT) – south-east side** - remove the permit parking place outside No. 74 and 74a CBT and in its place provide a single yellow line waiting restriction operating Mondays to Fridays 10am to 4pm inclusive;

(d) in **Town Hall carpark, Forest Road E17** - to prohibit vehicular traffic traveling westbound toward Farnan Avenue from turning right into **Farnan Avenue E17** at any time except emergency service vehicles (conditions apply)

(e) **Dyers Hall Road (DYH) E11 – south-west side** – remove 44 metres of LSW permit parking space opposite Nos. 1 to 17 and provide No Stopping restrictions on entrance markings operating Mon- Fri between 8am and 4pm inclusive;

(f) **Farnan Avenue (FNN) E17 – east side** – convert 5 metres of LSE permit holders only parking space to double yellow line “at any time” waiting restrictions opposite No. 18 FNN;

(g) **Forest Road E17 – north side** – prevent all vehicles exceeding 7.5 tonnes from entering the section of highway situated between the north kerb line of Forest Road and its boundary with Walthamstow Town Hall and Walthamstow College and which leads to the off-street carriageway situated between the easternmost boundary of the Walthamstow Town Hall grounds and westernmost boundary of Waltham Forest College;

(h) **Fyfield Road E17 (FYF) – west side** convert a 5.4 metre section of permit parking space outside No. 67 FYF to a single yellow line waiting restriction operating Mondays to Fridays 10am to 4pm inclusive;

(i) **Merton Road E17 (MTN) – north-east side** – convert the single yellow line waiting restriction outside No. 23 MTN to SB Controlled Parking Zone (CPZ) permit parking space operating Mondays to Fridays 10am to 4pm inclusive;

(j) **Mission Grove E17 – both sides** (north to south arm) – all parking places – operating between Mondays and Saturdays inclusive:

- (i) change the parking place hours of operation for Market Trader permit holders only from between 8am and 2pm to 8am and 1pm;
- (ii) allow for free parking between 1pm and 2pm;

(iii) change the method of paying to park from ‘Pay and Display’ to *Pay by Phone (PbyP) (Cashless) between the hours of 2pm and 6.30pm;

(iv) remove the Pay and Display provision

(k) **Scarborough Road (SCB) E11 – north-east side** – outside Nos. 26 and 28 convert the 10-metre section of double yellow line “at any time” waiting restrictions to permit parking space for LSW permit holders only operating between the hours of 10am and 4pm – Mondays to Fridays inclusive;

**all parking places in Mission Grove E17 operating between the hours of 2pm and 6.30pm will be Shared-Use with the first 15 minutes parking ‘free’ or ‘Pay by Phone’ with a maximum stay of 3 hours and no return within 3 hours; or parking for MW Permit holders only. All PbyP charges are shown in Schedule 2 of this Notice*

4. FURTHER NOTICE IS HEREBY GIVEN that the Council under the same RTRA sections mentioned in paragraph 1 propose to make minor amendments to existing Orders in relation to certain parking provisions and no waiting restrictions already existing on the highway, namely in **Harrow Road (HRW) E11 – north side** – to

(i) permit parking places: (x1) 8.5 metres in length east and (x1) 8 metres in length west of the access road situated between Nos. 100 and 102 HRW; and

- (ii) double yellow line “at any time” waiting restrictions –
 - i. across the access road situated between Nos. 100 and 102 HRW and
 - ii. between the east side of the parking place situated outside No. 102 to 106 and its junction with Montague Road;

No changes will be made on street with regards to all the provisions and restriction mentioned in paragraph 4 above.

5. Copies of the Orders, the Council's statement of reasons for proposing to make the Orders and of plans showing the locations and effect of the Orders can be inspected during normal office hours on Mondays to Fridays inclusive until the end of a period of 6 weeks from the date on which the Orders are made or the Council decides not to make the Orders, at (a) the Information Desk, Town Hall, Forest Road, Walthamstow, E17 The Reception Desk and (b) the London Borough of Waltham Forest, Low Hall, Argall Avenue, London, E10 7AS.

6. Any person desiring to object to the proposed Orders or to make any other representation should send a statement in writing of either their objection and the grounds thereof or of their representation to Traffic Orders, Engineering Design, Low Hall, Argall Avenue, London, E10 7AS quoting reference T27(19) – LBWF BATCH 17 by the end of a period of 21 days from the date on which this Notice is published. All objections must specify the grounds on which they are made.

For more information please telephone 020 8496 3000, quoting reference Traffic Orders T27(19) – LBWF BATCH 17.

Dated 20th May 2019

Mr. K. Valavan, Director of Highways and Traffic Management, Neighbourhoods Directorate, Low Hall, Argall Avenue, London, E10 7AS.

SCHEDULE 1

Ainslie Wood Road (AIN) E4 – north side – from a point opposite the common boundary of Nos. 78 and 80 AIN eastwards for a distance of 28 metres;

Alma Avenue (ALM) E4 – east side – between its junction with Swanage Road and a point opposite the common boundary of Nos. 4 and 6 ALM;

Antlers Hill (ANT) E4 –

- **north-west and south-east sides** – extend the existing dyls situated at its junction with Boardman Avenue and extend eastwards by 9 metres;

• **east to west arm – south side** between a point 3.9 metres east of the common boundary of Nos. 5 and 7 ANT and a point 6 metres east of the eastern kerb line of ANT

• **east and west sides** – between the north facing building wall of No. 5 ANT northward to its junction with its east to west arm;

Boardman Avenue (BRD) E4 –

- **east side** – between 4.9 metres south of a point opposite the south facing wall of No. 1 BRD to its junction with the southernmost east to west arm of Yardley Lane;
- **west side** – between the north and south east-to-west arm of Yardley Lane

Brook Crescent (BRK) E4:

- **east to west arm - south side** - between a point opposite the east facing wall of No. 30 BRK and its junction with its north to south arm

• **north to south arm** –

- o **west side** - between its junction with its east to west arm southward to a point in line with the north facing wall of No. 12 BRK;

o **east side** – extension of existing dyls outside No. 12 BRK southward for a distance of 3.7 metres

Burnham Road E4 – both sides – from its junction with York Road westward for a maximum distance of 12 metres;

Bushey Close (BUS) E4 – all sides – between its north-western extremity and a point in line with the south-easternmost north-west facing wall of No. 28 BUS (including the 3-point-turning area between Nos. 28 and 30 BUS);

Castle Avenue (CTL) –

- **north-west side** – between a point outside the common boundary (the rear) of Nos. 68 and 70 The Avenue south-westwards for a distance of 20 metres;
- **south-east side** – extend the existing dyls outside All Saints Church south-westwards for an additional distance of 3.5 metres;

Colvin Gardens (CLV) E4 –

- **north side** – from its junction with Larkshall Road westward to a point in line with the south-easternmost southeast facing wall of No. 165 CLV
- **south side** - from its junction with Larkshall Road westward to a point in line with the north-westernmost southeast facing wall of No. 167 CLV

Coningsby Gardens E4 – both sides – from the south kerb line of Cranston Gardens southwards for a distance of 10 metres

Cranston Gardens (CRG) E4 –

- (i) **north-east and north sides** - from a point outside the common boundary of Nos. 9 and 11 CRG to a point 10 metres east of its east to west arm

- (ii) **south-west and south sides** - from a point opposite the common boundary of Nos. 9 and 11 CRG to a point 8 metres east of the southern kerb line of Coningsby Gardens;

Dove House Gardens (DHG) E4 – north-eastern sides - from the east facing boundary wall of No. 14 DHG to a point opposite 1.5 metres west of the common boundary of Nos. 14 and 15 DHG;

Endlebury Road (EDL) E4 – south-west side – between a point 3.5 metres north-west of the south-easternmost south-east-facing wall of No. 125 EDL and a point 3.7 metres south-east of the north-westernmost north-west-facing wall of No. 123 EDL;

Farnan Avenue E17 – east side – amend the layout of the dyls situated across the front of the unnamed access road leading into Town Hall car-park, Forest Road E17 so that it covers the north and south kerb lines of that unnamed access road situated between Farnan Avenue and the boundary of the Town Hall car-park

Forest Side (FRS) E4 –

- (i) **western side** - between a point 14 metres north of the northern kerb line of Victoria Road and a point 10 metres south of the common boundary of Nos. 47 and 49 FRS;

- (ii) **both sides (including the island site)** - from its junction with Whitehall Road and a point 2 metres south of the common boundary of Nos. 1/3 and 5/7 FRS

Gaywood Road (GAW) E17 – eastern sides – between the existing dyls at its junction with Forest Road and a point opposite the common boundary of Nos. 55 and 57 GAW (conversion of single yellow lines);

Genever Close (GEN) E4 –

- (i) **south and south-west sides – on the bend of the road** – from a point 2.5 metres north-west opposite the common boundary of Nos. 5 and 6 GEN north-westward and then westwards for a distance of 8 metres;

- (ii) **the southermost east to west arm** - between a point opposite the common boundary of Nos. 3 and 4 GEN to a point in line with the southern boundary of No. 7 GE

Goldsborough Crescent E4 – both sides – from its junction with Endlebury Road westward for a distance of 8 metres (measured in a straight line and perpendicular to Endlebury Road);

Gunners Grove (GUN) E4 – northern side – between its junction with Heathcote Grove and a point 4 metres west of the easternmost west-facing-wall of No. 83 Heathcote Grove;

Heathcote Grove (HTG) E4 – south-east side – between its junction with Gunners Grove and a point 3 metres north of the common boundary of Nos. 88 to 90 HTG;

Holly Drive (HLY) E4 – both sides – between its junction with Kings Head Hill and a point in line with the south-west facing wall of No. 128 KHH;

Hurst Avenue (HST) E4 – east side – extension of the existing double yellow line “at

any time” waiting restrictions situated at its junction of Cherrydown Avenue northwards to a point 5.5 metres north of the south-facing wall of No. 10 HST;

Kings Head Hill E4 (KHH) – north-east side

- (slip road section adjoining Holly Drive) — the remainder of that side;

- extending the existing double yellow line “at any time” waiting restrictions situated at its junction with Woodberry Way westwards to a point in line with the common boundary of No. 8 KHH and No. 73 Woodberry Way;

Larkshall Road (LRK) E4 – north-west side – between a point 7.3 metres north-east of the northern kerb line of Colvin Gardens and a point 10 metres south-west of the southern kerb line of Colvin Gardens

Leadale Avenue (LEA) E4 – north side – extend the existing double yellow line waiting restrictions situated at its junction with Chingford Road westwards for an additional 3 metres

Lynton Road (LYN) E4 – east side – between a point 13 metres north of the northern kerb line of Palace View Road and a point 13 metres south of the southern kerb line of Palace View Road;

Manor Way (MNR) E4 – south-east side of the island site (north-east facing) – the remainder of that side between the existing “at any time” waiting restrictions, opposite No. 34 and 35 MNR;

Maple Avenue (MPL) E4 – north side – between a point in line with the western kerb line of Hazel Way westwards for 33 metres (or in line with the north-westernmost north-west facing wall of No. 102 MPL);

Middleton Avenue (MDL) E4 – south-east and east sides – between the south-west facing wall of No. 8 MDL and the common boundary of Nos. 4 and 6 MDL;

McEntee Avenue (McE) E4 – south-east side – between its south-western extremity and a point opposite the common boundary of Nos. 34 and 36 McE (including the 3-point-turning area between Nos. 11 and 14 McE);

Montalt Road (MON) IG8:

- **northernmost arm – south-east side** – between a point in line with the north-east facing wall of No. 84 MON and a point 10.3 metres north-east of a point opposite the south-west facing wall of No. 95 MON;

- **southernmost arm – northern side** – extending the existing dyls situated at its junction with Chingford Lane westward to a point in line with the westernmost east-facing wall of Nos 1 to 6 Cowell Lodge, MON;

Parkside Close (WOD) E4 – both sides (including the island site) - from its junction with Forest Side westwards for a distance of 16 metres (measured in a straight line and perpendicular to Forest Side)

Yardley Lane (YRD) –

- **northernmost east to west arm - northern side** –

- o between the common boundary of Nos. 63 and 65 YRD and a point in line with the south facing wall of No. 65 YRD;

- o between the common boundary of No. 11 and 11a YRD and its junction with Boardman Avenue;

- **northernmost east to west arm - southern side** –

- o between the common boundary of Nos. 63 and 65 YRD eastwards for a distance of 26 metres;

- o between its junction with Boardman Avenue south-westwards for a distance of 6.1 metres;

- o between its junction with Boardman Avenue north-eastwards for a distance of 9.8 metres;

- **southernmost east to west arm - north side** - between its junction with Boardman Avenue south-westwards for a distance of 15.2 metres;

- o **north side** - between its junction with Boardman Avenue eastwards for a distance of 3 metres;

- o **south side** - for a distance of 20 metres between Nos. 12 to 16 and 24 and 26

York Road (YRK) E4 – west side – between a point in line with the south facing wall of No. 19 YRK and a point 9.5 metres south of the southern kerb line of Burnham Road;

SCHEDULE 2 (pay by phone and voucher charges)

Parking Period	Pay by phone	Voucher Scheme
30 minutes	£1	£1.50
1 hour	£1.80	£3.00
3 hours	£3.50	£3.50

12 Public notices

**LONDON BOROUGH OF WALTHAM FOREST
PERMANENT MAKING OF CERTAIN
EXPERIMENTAL ORDERS (POPLARS ROAD,
E17, NORLINGTON ROAD, E10, ROSEDENE
TERRACE, E10 AND WILMOT ROAD, E10 –
VEHICULAR CLOSURES, PARKING PLACE AND
NO WAITING RESTRICTION CHANGES (EXP
ORDER REF: T70A, B & C (17)) (T29(19))**
**The Waltham Forest (Prescribed Routes)
(Various Roads) (No. 1) Traffic Order 2019,
The Waltham Forest (Charged-For Parking
Places) (Amendment No. 160) Order 2019
and The Waltham Forest (Free Parking
Places, Loading Places and Waiting,
Loading and Stopping Restrictions)
(Amendment No. 193) Order 2019**

1. NOTICE IS HEREBY GIVEN that the Council of the London Borough of Waltham Forest (the Council) on **20th May 2019** made the above-mentioned Traffic Orders under sections 6, 45, 46, 49 and 124 of and Part IV of Schedule 9 to the Road Traffic Regulation Act 1984.

2. The general effect of the Orders will be to continue indefinitely certain provisions of the experimental traffic orders listed in the Schedule to this Notice, which by way of an experiment -

- (a) in **Norlington Road**: introduced a road closure to vehicular traffic (except for cycles) at its junction with Albert Road/Pretoria Road and double yellow line "at any time" waiting restrictions (dyls) across the sections closed to vehicular traffic;
- (b) in **Poplars Road, E17** -
 - (i) closed to vehicular traffic that part of the highway as is situated at its junction with Lea Bridge Road;
 - (ii) removed the one-way system to allow two-way traffic flow; and
 - (iii) changed all single yellow line waiting restrictions (controlled parking zone hours) to dyls;
- (c) in **Rosedene Terrace, E10** -
 - (i) closed to vehicular traffic (except cycles) that part of the highway as extends from the south-eastern kerb-line of Wilmot Road, south-eastward for approximately 6.5 metres;
 - (ii) provided dyls across the south-eastern end of the above closure;
 - (iii) removed a permit holders parking place adjacent to No. 34 Wilmot Road and replaced it with dyls; and
 - (iv) shortened by 6 metres a permit holders parking place adjacent to No. 36 Wilmot Road and replaced it with dyls; and
- (d) in **Wilmot Road, E10**, provided dyls across the whole length of the closure referred to in sub-paragraph 2(c)(i) above.

NOTES: more specific details of the above-mentioned provisions are contained in the notice of making of the original experimental traffic orders as advertised in Waltham Forest News - issue 196 dated 8th Jan 2018.

3. Copies of the Orders, which will come into operation on **20th May 2019** and other relevant documents can be inspected during normal office hours on Mondays to Fridays inclusive until the expiration of a period of 6 weeks from that date, at: (a) The Information Desk, Town Hall, Forest Road, Walthamstow, E17; and (b) Low Hall, Argall Avenue, London, E10 7AS.

4. Any person desiring to question the validity of any of the Orders or of any provision contained therein on the grounds that it is not within the relevant powers of the Road Traffic Regulation Act 1984, or that any of the relevant requirements thereof or of any relevant regulations made thereunder has not been complied with in relation to the Orders may, within six weeks of the making of the Orders, make application for the purpose to the High Court.

Dated **20th May 2019**

Mr. K. Valavan
Director of Highways and Traffic Management, Neighbourhoods Directorate, Low Hall, Argall Avenue, London, E10 7AS

SCHEDULE

The Waltham Forest (Prescribed Routes) (No. 1) Experimental Traffic Order 2018, The Waltham Forest (Charged-For Parking Places) (Amendment No. 92) Experimental Order 2018 and The Waltham Forest (Free Parking Places, Loading Places and Waiting, Loading and Stopping Restrictions) (Amendment No. 123) Experimental Order 2018

**LONDON BOROUGH OF WALTHAM FOREST
ROAD TRAFFIC REGULATION ACT 1984
- SECTION 14 (1 AND 5) THE WALTHAM FOREST (VARIOUS ROADS) (TEMPORARY ROAD CLOSURES) (NO. 5) ORDER 2019**

1. The Council of the London Borough of Waltham Forest **HEREBY GIVES NOTICE** that on **20th May 2019** it made an Order to allow water supply utility works to be carried out in a safe and efficient manner in Chingford Lane, IG8. (**TT12(19)**)
2. The general effect of the Order will be, only at such times and to such extent as regulatory signs are displayed, to prohibit vehicles from entering or leaving, waiting or loading:
 - (a) **Elm Grove IG8** from its junction with Chingford Lane IG8 eastwards for a distance of 20 metres; and
 - (b) **Chingford Lane IG8** between the common boundaries of Nos. 50 and 52 and Nos. 58 and 60 Chingford Lane IG8.
3. Where appropriate, alternative routes for traffic would be indicated by local signage.
4. Certain parking spaces in Chingford Lane IG8 and Elm Grove IG8 would be suspended and vehicles would be banned from parking on these suspended parking spaces at all times (vehicles disregarding these suspensions would be removed).
5. The prohibition described in paragraph 2 above would not apply in relation to any vehicle being used:
 - (a) in connection with the said works; or
 - (b) for ambulance, fire brigade or police purposes in an emergency.
6. The Order will come into operation on **28th May 2019** for a period of 12 months, or until the works are completed, whichever is the sooner, however the works are expected to take 5 days to complete.

These works are intended to be completed within 5 consecutive days. The Order has been extended in case of unforeseen constraints which may lead to abortive works. Leaflets would be distributed and signage placed in advance of any works in the above mentioned roads which would give more specific details on the exact dates of the prohibitions, effects of any temporary traffic management and diversion routes as necessary. Furthermore, whilst the roads are closed for the water supply works it is also intended to carry out gas and electricity supply utility works in collaboration in order to avoid unnecessary disruption at other times.

Dated **20th May 2019**

Mr K Valavan, Director of Highways and Traffic Management, Neighbourhoods Directorate, Low Hall, Argall Avenue, London, E10 7AS

**LONDON BOROUGH OF WALTHAM FOREST
ROAD TRAFFIC REGULATION ACT 1984
- SECTION 14(1) THE WALTHAM FOREST (VARIOUS ROADS, BLACKHORSE LANE/FOREST ROAD REGION) (TEMPORARY TRAFFIC MEASURES) (NO. 1) ORDER 2019 (TT13(19))**

1. The Council of the London Borough of Waltham Forest **HEREBY GIVES NOTICE** that on **20th May 2019** it made an Order to enable highway construction to be carried out in a safe and efficient manner in various roads in the Blackhorse and Forest Road E17 region. The general effect of the Order will be, only at such times and to such extent as regulatory signs are displayed to restrict waiting and loading by vehicles (except works vehicles).

2. Whilst the works are being carried out, no person shall cause or permit any vehicle to wait or load for any purpose, at any time, in:
 - (a) **Blackhorse Lane E17** - between its junction with Forest Road and the southern kerb line of Sopwith Avenue E17;
 - (b) **Blackhorse Road E17** - between its junction with Forest Road and the northern boundary wall of No. 148 Blackhorse Road E17; and
 - (c) **Forest Road E17** – between a point 50 metres west of the west kerb line of Green Ferry Way and a point outside the common boundary of Nos. 103 and 105 Forest Road;
3. Whilst the prohibitions referred to in paragraph 2 above remain in force, alternative routes for traffic would be indicated by traffic signs.

- 4. Vehicles waiting or loading in disregard of this Order would be removed.
- 5. The restrictions mentioned above would not apply in relation to any vehicle being used
 - (a) in connection with the said works; or
 - (b) for ambulance, fire brigade or police purposes in an emergency.
- 6. The Order will come into operation on **20th May 2019** and would be valid for a maximum period of 18 months or until the works are completed, whichever is the sooner.

Dated **20th May 2019**
Mr K Valavan, Director of Highways and Traffic Management, Neighbourhoods, Low Hall, Argall Avenue, London, E10 7AS

LONDON BOROUGH OF WALTHAM FOREST ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14(1) THE WALTHAM FOREST (VARIOUS ROADS) (STRUCTURAL PROGRAMME) (VARIOUS MEASURES) (NO. 1) ORDER 2019 (TT14(19))

1. The Council of the London Borough of Waltham Forest **HEREBY GIVES NOTICE** that on **20th May 2019** it made an Order to enable carriageway maintenance and lining works to be carried out in a safe and efficient manner.
2. The general effect of the Order will be, only at such times and to such extent as regulatory signs are displayed, to prohibit vehicles (except works vehicles) from entering, proceeding, waiting or loading for any purpose, at any time, in:

CHAPEL END WARD
Bridge End, E17
(estimated between 29 – 31 Jul 19)
Rushbrook Crescent E17
(estimated between 29 – 31 Jul 19)
Queenswood Avenue E17
(estimated between 14 – 17 Oct 19)
CHINGFORD GREEN WARD
Drysdale Avenue, E4
(estimated between 24– 28 Jun 19)
ENDLEBURY WARD
Chingford Avenue, E4
(estimated between 25 – 29 Nov 19)
FOREST WARD
Lambourne Road, E11
(estimated between 12 – 16 Aug 19)
Lyndhurst Drive, E10
(estimated between 27 – 30 Aug 19)
Forest Drive West, E11
(estimated between 29 Aug – 3 Sep 19)
Wesley Road, E10
(estimated between 2 – 5 Sep 19)
GROVE GREEN WARD
Ashville Road, E11
(estimated between 27 – 30 Aug 19)
HALE END & HIGHAMS PARK WARD
Nesta Road, IG8
(estimated between 17 – 20 Jun 19)
HATCH LANE WARD
Clivendon Road E4
(estimated between 12 – 14 Jun 19)
Handsworth Avenue E4
(estimated between 14 – 18 Oct 19)
The Avenue, E4
(part – between Castle Avenue and Chingford Lane)
(estimated between 10 – 14 Jun 19)
HIGH STREET WARD

Maude Terrace E17

(estimated between 11 – 15 Nov 19)
Southcote Road E17

(estimated between 11 – 14 Nov 19)

HIGHAM HILL WARD

Amber Avenue E17

(estimated between 29 – 31 Jul 19)
Carlton Road E17 (estimated between 31 Jul – 6 Aug 19)

McEntee Avenue E17

(estimated between 29 – 31 Jul 19)

HOE STREET WARD

The Drive E17

(estimated between 3 – 5 Jun 19)
First Avenue E17

LARKSWOOD WARD

Larkswood Road, E4

(estimated between 5 – 8 Aug 19)

LEYTON WARD

Church Road E10

(part – between Grange Park Road and Ivey Farm Close)

(estimated between 15 – 22 July 19)

MARKHOUSE WARD

Springfield Road E17

(estimated between 30 Jul – 2 Aug 19)
Hartington Road E17

(estimated between 29 Jul – 2 Aug 19)

VALLEY WARD

Albert Avenue, E4

(estimated between 25 – 29 Nov 19)

Cherrydown Avenue, E4

(estimated between 7 – 11 Oct 19)

Frankland Road, E4

(estimated between 7 – 12 Aug 19)

Hampton Road, E4

(estimated between 10 – 14 Aug 19)

Middleton Avenue, E4

(estimated between 28 – 31 Oct 19)

Westward Road, E4

(estimated between 4 – 8 Nov 19)

York Road, E4

(part – between Hampton Road and Westward Road)

(estimated between 20 – 24 Jan 20)

WILLIAM MORRIS WARD

Chingford Road, E17

(part – between Forest Road and Omnibus Way)

(estimated between 17 – 23 Jun 19)

Reness Road, E17

(estimated between 10 – 13 Jun 19)

Brookdale Road, E17

(estimated between 19 – 22 Aug 19)

Jewel Road, E17

(estimated between 13 – 16 Jan 20)

WOOD STREET WARD

Brandon Road E17

(estimated between 15 – 16 Aug 19)

3. No person shall cause or permit any vehicle to enter, proceed, wait or load for any purpose, at any time, within 15 metres of the junction of any road adjoining the roads or sections of roads contained in paragraph 2 above.

4. Whilst works are being carried out in any roads or part of roads mentioned in this paragraph the one way workings for that road will be temporarily suspended. The one way roads in question are York Road, E4, Westward

Road, E4, Hampton Road, E4, Jewel Road, E17 and Brookdale Road, E17

5. Whilst the prohibitions referred to in paragraph 2 or 3 above remain in force, alternative routes for traffic would be indicated by traffic signs.

6. Vehicles waiting or loading in disregard of this Order would be removed.

7. The prohibitions mentioned above would not apply in relation to any vehicle being used -

- (a) in connection with the said works; or
- (b) for ambulance, fire brigade or police purposes, if the works allow and if the observance of the prohibitions would be likely to hinder the use of that vehicle for that purpose, provided that the vehicle is not being used in such a manner or at such a time as to be likely to endanger any person.

8. The Order will come into operation on **3rd June 2019** and would be valid for a maximum period of 18 months or until the works are completed, whichever is the sooner.

NOTE: These works would not be carried out simultaneously in all roads but in a sequence as directed by the Council. Leaflets would be distributed and signage placed in advance of any works in the above mentioned roads which would give more specific details on the exact dates of the prohibitions (the above dates are not absolute but are estimated), effects of any temporary traffic management and diversion routes as necessary.

Dated **20th May 2019**

Mr K Valavan, Director of Highways and Traffic Management, Neighbourhoods, Low Hall, Argall Avenue, London, E10 7AS

NCIL Consultation

London Borough of Waltham Forest

The Council of the London Borough of Waltham Forest **HEREBY GIVES NOTICE** that on Monday 27 May 2019 it launches a consultation on Neighbourhood Community Infrastructure Levy allocation proposals.

The consultation closes at midnight on **Monday 24 June 2019**.

Details of the consultation and an online response form can be found at walthamforest.gov.uk/CIL.

Dated: **20 May 2019**

Ms J Custance, Director of Planning, Waltham Forest Town Hall, Forest Road, London E17 4JF

Council Meetings

Monday 3 June

Annual Meeting, Council, 7pm

Tuesday 4 June

PROVISIONAL: Planning Committee, 7pm

Monday 10 June

PROVISIONAL: Waltham Forest Safer Neighbourhoods Board, 7pm

*Please check

<https://democracy.walthamforest.gov.uk/mgCalendarMonthView.aspx> for latest details.

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Queens Road Learning Centre
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020 8496 2974 • adult.learning@walthamforest.gov.uk

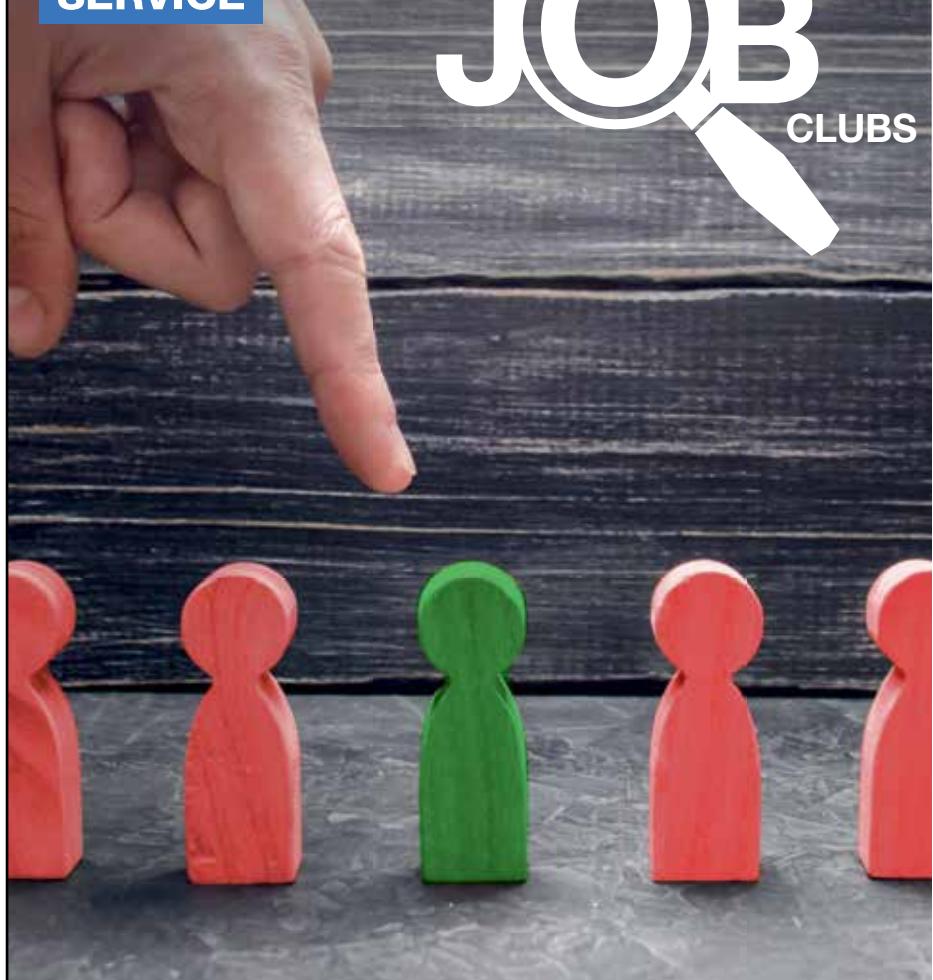
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• www.lbwfadultlearning.co.uk



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OVER 300 ACTIVITIES FOR ALL AGES, INDIVIDUALS AND FAMILIES

To find out what's going on this month and how you can connect, be active, take notice, learn or give – and help us to make Waltham Forest the Feel Good borough – pick up the Feel Good booklet in your local library, leisure centre, Town Hall reception, the Junction Centre or Queen's Road Learning Centre. You can also visit walthamforest.gov.uk/feelgoodfestival.

- All is Well
- All You Can Play Beach Volleyball
- An introduction to using Social Media to start or develop a business
- Appliqué coin purse workshop
- Aquasplash and Family Fun Swim
- Art Trail Ride
- Athletics
- Baby Yoga
- Basketball
- Bath fizzies workshop
- Beaded jewellery workshop
- Beginners Squash
- Beginners Tennis
- Better Together
- BMX coaching
- Ceramics: coasters workshop
- Chair Based Yoga
- Creative Play
- Cricket
- Embossed greeting card workshop
- Emotional Intelligence and Anger Management
- English as a Second Language (ESOL) Taster
- Family Learning - Pottery
- Family Learning - Mindfulness
- Family Learning - Storywriting & Storytelling
- Felt patchwork bag workshop
- Fencing
- File, paint and hand massage
- Free Swimming
- Futsal
- Gymnastics
- Healthy diet happy child
- Hornbeam JoyRiders led bike rides (family ride)
- ICT in daily life - Smartphone
- ICT skills on your CV
- Indian Head Massage
- Intro to counselling

- Karate Feel Good
- Korean Karate
- Land, Sea and Air WFCC Monthly Ride
- Leyton Jubilee junior parkrun
- Lloyd Park Green Gym (nature conservation volunteering)
- Lloyd Park Plant Identification: Meet the Daisy Family
- Lloyd Park Sharing Heritage
- Macramé workshop
- Make-up workshop
- Managing Your Time
- Millinery taster
- Nail Artistry
- Netball
- Papercutting
- Plait, twist and styling hair
- Plant Identification at Lloyd Park: meet the Daisy Family
- Play matters
- Quilting
- Race Running Club
- Relief Printing
- Run, Jump, Throw
- Saturday Soccer School
- Sexual Health Drop-in Sessions (up to 25 years)
- Skin care
- Social Drop in Sessions for Girls (11 - 21 years)
- Social Hockey sessions
- Stess management
- Stress Awareness
- Summer fruits still life in pastels
- Swimming
- Tennis
- Think Globally, Create Locally Celebration Day at Organiclea
- Top tips to improve your self confidence
- Trampoline, Double mini Trampoline (DMT), Cheerleading Classes
- Volunteer Gardening
- Walking groups
- Walthamstow Family Bike Club's Newcomers Ride
- Water confidence session 50+
- Water Workout
- Wellbeing is me
- Women's Tai Chi Corner



The Feel Good Festival encompasses all things health, wellbeing and sport.

There are six themes running throughout:
Health, Active, Sport, Enjoy, Leisure and Learning
Get in touch at Feel.good@walthamforest.gov.uk



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